



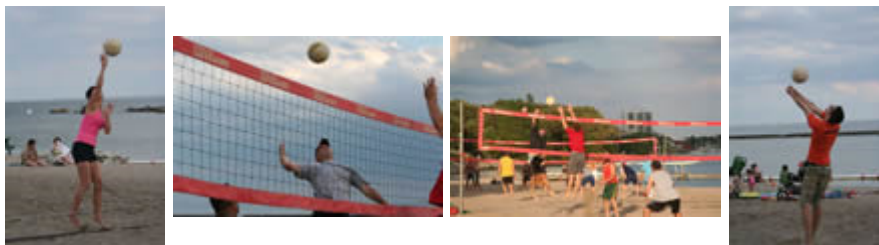
416-539-8828

www.gowestathletics.com

info@gowestathletics.com

Fall 2009 Edition

Here's to nice weather for the fall. It is time to plan the fall and winter activities. What is better than playing sports, meeting up with friends and having fun. Why not try curling this year, it is a good way to get exercise and have fun. Good luck to Kat for her school year, hope we see her again next summer at Sunnyside.



GET OUT, GET ACTIVE & HAVE FUN!

QUICK LINKS

[Angela's Corner](#)

[Fall League Info](#)

[Fall Tournaments](#)

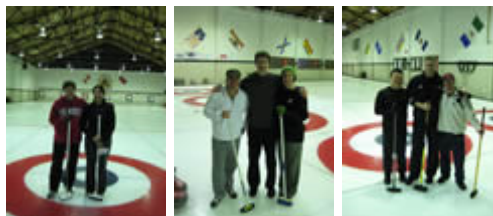
ANGELA'S CORNER

Thanks to everyone for putting up with this cold then hot and wet summer.

I would like to thank all of the coordinators for their help in keeping Go West Athletics / WTSSC running smoothly and safely... Richard Rotteau, Melissa MacAdam, Kelly Williams, and Jennifer Auton.

If you are interested in becoming a coordinator please let me know at angela@gowestathletics.com and we will see if we can find you a space for the fall. If you have any feedback good or bad, we would love to hear it, it is the only way we can move forward and make this the best club around.

We would like to welcome Carson Arthur to the office staff, he will be the friendly voice answering your questions this fall.



Cheers to friendships and fun,
Angela

[Quick Links](#)

FALL LEAGUE INFO



[Click here to register](#)

Things that you need to know:

- We would like to thank Wilson Sports for their continued support.
- All prices include GST.
- Game times are **not flexible**. Please arrive early and be ready to play at the appointed time.
- Games cancelled due to school closures or weather may not be made up.
- Fighting and rough play is **not tolerated** in any sports.
- Schedules will be given out the first night of the season and put online by the end of the first week of sports.
- First game times are given out a day or two before the first game.
- All leagues run for twelve weeks except for curling.
- Spaces are reserved on a first paid basis, and are limited - so sign up early!
- Don't miss the opportunity to save \$\$\$ - sign up and pay by Fri Sept 11, 2009
- Have Fun!

To Register:

- Fill out the registration form and:
 - pay using our [online payment system](#)
 - mail your registration form with a cheque (please make cheques payable to WTSSC)
 - drop off at the Go West Athletics office

Office/Mailing Address: 215 Sorauren Avenue, Toronto, ON, M6R 2G1
- Registration deadline for all sports is Friday, Sept 18th, 2009.
- Early Bird prices end on Friday Sept 11, 2009

Sports offered

Sports	Description
Recreational Volleyball	For beginner players wanting to learn how to play the game, and have a great time. Strictly fun!
Intermediate Volleyball	For players with more knowledge of the game - most plays consist of a pass, set and (sometimes) attack - usually 2 setters, set from middle.
Intermediate Plus Volleyball	For players with more extensive grasp of the game - consistent pass, set, attack and block. Teams often use a side setter, and a 5-1 or 6-2 system.
Competitive Volleyball	Highest level offered by Go West - players have either played high school or varsity ball. Same as Int Plus but with some stronger players, faster and tougher games.
Masters Volleyball	All players must be over 35 at the time of first match.
Soccer	All levels of players are welcome in our soccer leagues.
Curling	Teams of 4 players compete in curling on Sunday nights and it is open to all.
Floor Hockey	All levels of players are welcome in our floor hockey leagues.

[Click here to register](#)

Leagues

Sunday

Floor Hockey - Intermediate - Humber College, Lakeshore Campus

Floor Hockey - Competitive - Humber College, Lakeshore Campus

Curling

Monday

Competitive 6's Volleyball - Mentor College

Intermediate 6's Volleyball - Lakeshore Collegiate

Tuesday

Intermediate 6's Volleyball - Mentor College

Intermediate Plus 6's Volleyball - Lakeshore CI and Etobicoke CI

Wednesday

Intermediate 6's Volleyball - Lakeshore CI and Etobicoke CI

Intermediate Plus 6's Volleyball - Mentor College

Thursday

Competitive 4's Volleyball - Mentor College

Masters 6's Volleyball (all members of the team must be older than 35) - Mentor College

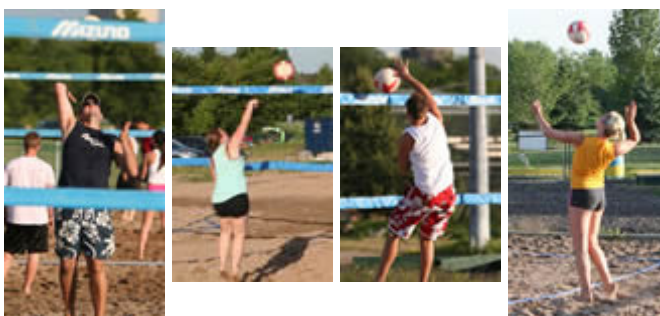
Intermediate 6's Volleyball - Lakeshore CI

Soccer - Humber College, Lakeshore Campus

Prices - Fall

Sport	Minimum number of players required per team	Suggested number of players per team	Individual Fee	Individual Early Bird Fee	Team Fee	Team Early Bird Fee
Comp 4's Volleyball	4 players, minimum 1 female	5	125	110	525	475
Int Plus 6's Volleyball	6 players, minimum 2 females	8-10	115	100	725	650
Int 6's Volleyball	6 players, minimum 2 females	8-10	115	100	725	650
Rec 6's Volleyball	6 players, minimum 2 females	8-10	115	100	725	650
Floor Hockey	5 players, minimum 2 females	7-12	115	100	725	650
Curling	4 players	4-6	155	145	625	575
Soccer	6 players, minimum 2 females	7-10	115	100	725	650

[Click here to register](#)

Quick Links**FALL TOURNAMENTS**

Sept 19	Coed 6's Volleyball Tournament - Int & Comp Mentor College	REGISTER
Oct 17	Coed 6's Volleyball Tournament - Rec, Int & Comp Mentor College	REGISTER
Nov 14	Coed 6's Volleyball Tournament - Int & Comp Mentor College	REGISTER
Nov 21	Coed 6's Volleyball Tournament - Int & Comp Mentor College	REGISTER
Nov 28	Curling Bonspiel - Dixie Curling Club	REGISTER
Dec 12	Coed 6's Volleyball Tournament - Int & Comp Mentor College	REGISTER

Vball Pairs Tournaments

Friday September 11 (7-10PM)	REGISTER
Friday October 2 (7-11PM) * Double Format - Half normal pairs / Half reverse 6's *	REGISTER
Friday October 30 (7-11PM) * Double Format - Half normal pairs / Half reverse 6's *	REGISTER

Check our website for more event listings [WEBSITE](#)

Quick Links

To unsubscribe, please reply to this email with 'remove me' in the subject line. Please include your name and the email address this email was sent to. Thank you.